

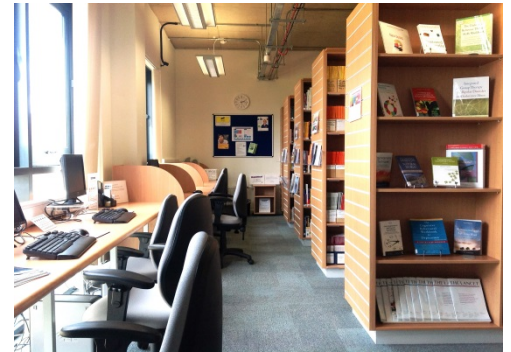
Looking for Information on a Mental Health Condition or Treatment?

Service users and carers are welcome to use the Trust libraries at St. George's (Stafford) and Redwoods (Shrewsbury). We are open from 9am-5pm Monday to Friday



Computers and Wi-Fi for internet access

Help finding information on mental health topics



Specific Articles you want to read

Mental health books to read in the library



Contact us:



Website: www.sssft.nhs.uk/library



E-mail: library@sssft.nhs.uk



Skype: library_sssft



Twitter: @library_sssft

Stafford Library

Tel: 01785 221584

Redwoods Library

Tel: 01743 210110

NB Library staff can find information on general topics but cannot provide advice or interpret material found- ask your key clinician about your individual care. Redwoods patients should be accompanied by ward staff to visit the library